

end of key stage statements	learning outcomes	lesson title	resources
<p>PSHE Framework</p> <p>1d) to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way</p> <p>3c, learn about how the body changes as children approach puberty</p> <p>National Curriculum Science</p> <p>1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction</p> <p>2f, about the main stages of the human life cycle</p>	<p>Describe the main stages of the human life cycle</p> <p>Describe the body changes that happen when a child grows up</p> <p>Know that during puberty the body changes from a child into a young adult</p> <p>Understand why the body changes in puberty</p> <p>Identify some basic facts about pregnancy</p>	<p>Lesson One:</p> <p>Growing and Changing</p> <p>Lesson Two:</p> <p>Body Changes and Reproduction</p>	<ul style="list-style-type: none"> • Lifecycle pictures • Lifecycle Word Cards • Lifecycle whiteboard summary • Babies and Children worksheet <ul style="list-style-type: none"> • Drawings from previous lesson • Life cycle pictures • DVD: Living and Growing Unit 1, Programme 2, <i>How did I get here?</i> • Our Bodies Worksheet <p>Additional Activities</p> <p>Suggested reading:</p> <ul style="list-style-type: none"> • <i>Tell Me Again About The Night I Was Born</i>, Jamie Lee Curtis. • <i>Happy Families</i>, Allan Ahlberg • <i>The Family Book</i>, Todd Parr • <i>Who's in a Family</i>, Robert Skutch
	<p>Know the physical changes that happen in puberty</p> <p>Know that each person experiences puberty differently</p>	<p>Lesson Three:</p> <p>What is Puberty?</p>	<ul style="list-style-type: none"> • <i>Book: Hair in Funny Places</i>, Babette Cole • Body Changes Worksheet
<p>Follow Up Material</p> <p>Worksheet: Living and Growing Unit 1 Resource Book, p27 <i>What can we do?</i> and p37 <i>What can I do?</i> Channel 4. <i>It's Different for Me!</i>, The Care Programme, published by d2digital.co.uk</p>			