



end of key stage statements	learning outcomes	lesson title	resources
<p>PSHE Framework</p> <p>3c, learn about how the body changes as they approach puberty</p> <p>4c to be aware of different types of relationships, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p> <p>National Curriculum Science</p> <p>1a, that the life processes common to humans and other animals includes nutrition, movement, growth and reproduction</p> <p>2f, about the main stages of the human life cycle</p>	<p>Describe how and why the body changes during puberty in preparation for reproduction.</p> <p>Talk about puberty and reproduction with confidence</p>	<p>Lesson One:</p> <p>Puberty and Reproduction</p>	<ul style="list-style-type: none"> • Body Part cards • Reproduction Question Sheet • Reproduction Answer Cards • Reproduction Whiteboard Summary <p>Additional Activities</p> <ul style="list-style-type: none"> • Puberty Problem Page • Puberty Problem Page Teacher Guide
	<p>Explain how babies are made</p> <p>Discuss different types of adult relationships with confidence</p>	<p>Lesson Two:</p> <p>Relationships and Reproduction</p>	<ul style="list-style-type: none"> • DVD - Living and Growing, Unit 2, Programme 5, 'How Babies are Made'. • Relationship pictures
	<p>Describe the decisions that have to be made before having a baby</p> <p>Know some basic facts about pregnancy and conception</p>	<p>Lesson Three:</p> <p>Conception and Pregnancy</p>	<ul style="list-style-type: none"> • How Does A Baby Start? cards • How Does A Baby Start? Whiteboard Summary • Anonymous Questions • Pictures of male and female reproductive organs • Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs) • Conception and Pregnancy statements • Conception and Pregnancy statements – answers <p>Additional Activities</p> <ul style="list-style-type: none"> • Conception and Pregnancy Quiz • Conception and Pregnancy Quiz Answers
<p>Follow Up Material</p> <ul style="list-style-type: none"> • Living and Growing DVD and resource books, <i>Unit 2 & 3 Ch4</i> • <i>The Primary School Sex and Relationships Education Pack</i>, Healthwise • <i>Skills for the Primary School Child, Part 2, Section 2.5</i>, Tacade • <i>Teaching and Learning about HIV</i>, Simon Blake & Paula Power, National Children's Bureau 			