PSHE On Track Indicator Year 1

NAME																													
I can use peaceful problem-solving to sort out problems so both people feel OK.																													
I know some ways to calm down when I am starting to feel angry.																													
To understand that we share the world with lots of people																													
To know when we should take medicine and who should give it to us.																													
To know the differences between boy babies and girl babies.																													
I can tell an adult when something worrying or Unexpected happens while I am using the Internet.																													
I can think about myself, learn from my experiences and recognise what I am good at.																													

PSHE On Track Indicator Year 2

NAME																													
I can use my ability to see things from the other point of view to make a conflict situation better.																													
I know that sometimes anger builds up and that I can be overwhelmed by my feelings.																													
To understand what diversity is.																													
To be able to follow the safety instructions and rules at school and at home.																													
I can identify and respect differences and similarities between boys and girls – naming boy and girl genitalia.																													
I know that private information shouldn't be given out on the internet.																													
I can break a goal down into small steps.																													

PSHE On Track Indicator Year 3

NAME																													
I know how to: look and sound friendly; be a good listener (taking turns); give and receive compliments; see things from someone else's point of view.																													
I know: what my triggers for anger are; how our bodies change when we start to get angry; some ways to calm down when I start feeling angry.																													
To understand what discrimination means.																													
To know the effects of smoking on the body and to understand the impact of smoking and passive smoking.																													
I understand personal space and how to deal with unwanted personal touches																													
I can use passwords to access resources on the web and keep them safe.																													
Can I recognise my worth as an individual, by identifying positive things about myself and my achievements, seeing my mistakes, making amends and setting personal goals;																													

PSHE On Track Indicator **Year 4**

NAME																													
I can take on a role in a group and contribute to the overall outcome.. I can use peaceful problem solving to sort out difficulties.																													
I understand why it is important to calm down before I am overwhelmed by feelings of anger. I can tell you some ways I can stop myself being overwhelmed by feelings of anger.																													
I know that it is important to be who you want to be.																													
To understand the risks related to drinking alcohol.																													
Know that during puberty the body changes from a child into a young adult																													
I know that it is important to keep information safe online																													
I can face new challenges positively by collecting information, looking for help, making responsible choices and taking action;																													

PSHE On Track Indicator Year 5

NAME																													
I can accept and appreciate people's friendship and try not to demand more than they are able or wish to give.																													
I can consider both the short-term and long-term consequences of my behaviour in order to make a wise choice when I am feeling angry.																													
I can accept people who are different from me.																													
To have some understanding of the effects and risks of legal and illegal drugs.																													
I know some of the bodily and emotional changes at puberty, and can demonstrate some ways of dealing with these in a positive way.																													
I know that it is important to keep information safe online																													
I know how to prevent and respond to cyber bullying																													
I know the skills and attributes of an effective learner.																													
I can be a critical friend to others and myself.																													

PSHE On Track Indicator Year 6

NAME																													
When I am working in a group I can tell people if I agree or don't agree with them and why. When I am working in a group I can listen to people when they don't agree with me and think about what they have said.																													
I am able to see a situation from another person's perspective. I know how my behaviour is linked to my thoughts and feelings. I can stop and try to get an accurate picture before I act.																													
I can learn how to stand up to discrimination																													
To understand the effects, risks and law relating to cannabis.																													
Know some basic facts about pregnancy and conception																													
I know how to prevent and respond to cyber bullying																													
I can make a long-term plan and break it down into smaller, achievable goals in my personal life or in my behaviour.																													
I have some strategies for managing the feelings that I might experience when I change schools.																													